

ON THE OCCASION OF WORLD YOGA DAY, 2022

YOGA FOR PHYSICAL AND MENTAL HEALTH

Organized by

Dept. of Physical Education and IQAC
Sree Chaitanya Mahavidyalaya



Habra- Prafullanagar, North 24 Parganas

Date: - 21st June, 2022 at 10.00AM

Venue:- Auditorium, Sree Chaitanya Mahavidyalaya

"yoga is the best and
easy way to stay
Healthy"

INTERNATIONAL DAY OF

yoga

Inauguration & Welcome Address
Dr. Subrata Chatterjee
Principal,
Sree Chaitanya Mahavidyalaya

Convener
Dr. Biswabandhu Nayek
& Moumita Mitra
SACT, Dept. of Physical Education
Sree Chaitanya Mahavidyalaya

Vote of Thanks
Dr. Pulakesh Sen
Coordinator, IQAC
Sree Chaitanya Mahavidyalaya

All Students & Staff cordially invited to join the program.